



JLTTA



CLUB 4 STAR GOING TABLE TENNIS

auspices of Mumbai Suburban

from 28

JLTTA – Experience the Joy of Table Tennis

JLTTA - The Joy of Table Tennis

JLTTA

- Established in the year 2000, Jayesh Lakhani's Table Tennis Academy (JLTTA) is a full time table tennis academy based at J.V.P.D. to impart the highest level of TT coaching. With more than 100 regular players ranging from beginners to National Level, JLTTA is the second home to many of these great potential TT champions.
- JLTTA's success is its unique program to create grass-root level to elite level players with its multi-level coaching system.
- At JLTTA, players learn self discipline, develop socially, cultivate team-spirit and improve their fitness in addition to reaping the core benefits of playing Table Tennis.

Why Table Tennis?

Table Tennis is among the fastest and most popular sports in the world. Space efficient and requiring minimum personal equipment , it is a fun and engaging sport which can be played by all ages - 5 to 95

- Develops and Improves Motor skills and Hand-Eye Co-ordination
- Improves Agility
- Improves Health and Fitness
- Increases Concentration
- Improves Flexibility
- Helps as a Stress buster

Curriculum

Multi-level coaching system (MLC)

■ **Level I – Beginners: Enjoy and Learn**

Enjoy and learn basic motor skills of T.T. like tapping, ball control and balancing, push and counter . Prime aim is that the student enjoys and creates self-interest in T.T. while learning the basics.

Duration - 12 to 16 weeks.

■ **Level II – Intermediate: Learn and excel**

Once the student has learnt basic T.T., he is introduced to sharpen his technique under the guidance of advance coaches.

Duration – 24 to 36 weeks

Local and Promotional tournaments: At the end of Level II, the student becomes proficient to compete at local club level tournaments.

■ **Level III – Advanced: Excel and Enjoy**

This program is for players who want to pursue and play TT at state and national level. Apart from technique and tactics, the player is taught match strategy and mental fitness by national level coaches.

Service Offerings

- Group Training for beginners of all ages
- Private coaching lessons
- Specialized coaching for Special (spastic) students
- Coaching at Housing Societies
- Training camps for juniors, adults and seniors
- Corporate Training
- Organizing Tournaments – Arranging equipments, logistic support, empires and referees
- Organizing Exhibition matches for schools and societies
- Assistance for choosing the right Table Tennis equipments

Our Faculty

- **Jayesh Lakhani**: Founder of JLTTA and coach to over 500 students, Ex-Secretary General of Mumbai Suburban District Table Tennis Association, Ex-Chairman of Juhu Gymhana's table-tennis and indoor games department
- **Deepak Mani**: Ex-Junior National Coach and mentor of international players
- **Kapil Kumar**: State-ranked active player (ranked 2nd in 39+ category) and passionate coach
- **Suhas Rane**: Advanced honorary coach, active mens' player and mentor of many state-level players
- **Kuntal Basak**: High-performance honorary advanced coach for game plan and strategy
- **Dhruv Lakhani**: Ex-National player and advanced coach
- **Debuprasad Dutta**: Highly experienced coach with over fifteen years of experience in training intermediate and advance players
- **Kishore Remje**: Highly skilled coach for intermediate players
- **Shekar Rangaswamy**: Experienced coach for beginners
- **Sachin**: Full-time beginners coach with JLTTA
- **Mohammed**: National-level athlete and Physical Training coach for JLTTA

Our Young Champions



- Name: Aadil Anand
- Age Group: Boys U-10
- School: Oberoi International
- Performance:
 - ❑ Seed No 1 in Mumbai
 - ❑ Winner of 5 district level tournaments in 2013
 - ❑ The youngest player to win Mumbai School Sports Association tournament in last 17 years



- Name: Dev Shroff
- Age Group: Boys U-12
- School: Jamnabai Narsee
- Performance:
 - ❑ Currently ranked 4th in Mumbai
 - ❑ Winner of 7 District level tournaments in 2012
 - ❑ District Champion 2012
 - ❑ Playing member of inter school winning team 2013



- Name: Yajat Thanawala
- Age Group: Boys U-12
- School: Jamnabai Narsee
- Performance:
 - ❑ Currently ranked 2nd in Mumbai and Maharashtra
 - ❑ District Champion 2011
 - ❑ Runner-up of 4 state ranking tournament in 2013

Our Young Champions



- Name: Shaurya Pednekar
- Age Group: Boys U-15
- School: Jamnabai Narsee
- Performance:
 - ❑ Currently ranked 2nd in Mumbai
 - ❑ Twice District and State champion in U-10 and U-12 category



- Name: Rajveer Shah
- Age Group: Boys U-10
- School: Jamnabai Narsee
- Performance:
 - ❑ Currently Seed No 2 in Mumbai
 - ❑ Runner up in 2 district level tournaments
 - ❑ Bronze medalist in Mumbai School Sports Association tournament



- Name: Mihika Rohira
- Age Group: Girls U-12
- School: Jamnabai Narsee
- Performance:
 - ❑ Winner of 2 district Titles in 2012
 - ❑ Playing member of inter school winning team 2013

Our Proposition

- **Help discover the students' T.T. potential through aptitude tests**

We would like to conduct an aptitude test for students from classes 2 to 5. Selected students will receive 4 trial classes priced at Rs. 500 per student at absolutely no cost (Venue: Balkan-Ji-Bari, Santacruz)

- **Increase awareness about the sport and involve parents**

At the end of the 4 free trial sessions, we can organize a presentation for the parents and the physical education tutors of your esteemed school to increase awareness about T.T. and provide individual feedback on students

- **Organize an exhibition match of top players**

We would also like to organize an exhibition match of Mumbai's leading players at your premises. This will give your students an opportunity to watch and interact with some of the district's top ranked players

- **Offer regular T.T. classes for your students**

We would appreciate an opportunity to impart T.T. skills to your students and create a pool of young champions to bring laurels to Billabong High

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